



Wellbeing Committee

Role and Responsibilities

Committee role

The Wellbeing Committee is appointed to optimize the wellbeing of veterinary professionals, including veterinary medical association executives, and veterinary teams.

Committee responsibilities

- Collaborate with organizations that are active in veterinary wellbeing to share ideas, identify best practices, and leverage existing resources
- Identify resources that advance the wellbeing of individuals and teams, including assessment tools, training and certificate programs, continuing education opportunities, helplines, and assistance programs
- Create a library on the VMAE website through which VMAs and veterinary professionals can access curated resources on wellbeing
- Encourage VMAE members to share wellbeing ideas, tactics and programs
- Foster awareness with VMA executives on the availability of wellbeing resources for veterinary professionals and veterinary teams
- Formulate recommendations as appropriate, including additional work efforts the committee proposes to undertake, for consideration by the VMAE Board of Directors

Committee composition

The Wellbeing Committee shall be comprised of at least five members appointed by the president, one of whom shall be appointed to serve as chair. VMAE desires to have committee members who reflect a variety of VMA attributes including geographic scope, membership size, species and specialties, employment settings, and length of CEO tenure. Desired attributes of individual committee members include contributing creative ideas, brainstorming and working collaboratively with colleagues, and curating resources. The committee may invite nonmember advisors to participate in committee discussions.

The chair shall serve a one-year term with a maximum of four consecutive terms. Committee members shall serve one-year terms and are eligible for re-appointment to additional one-year terms with a maximum of four consecutive terms. Terms shall expire after one year or the association's annual meeting, whichever occurs first.

The work of the committee is supported by the CEO and the association manager.

*Approved by the Board of Directors **/**/2020*